



TABERNACLE
SCHOOL
EDUCATION FOR LIVING

Holistic Approach

At Tabernacle School students find a warm, friendly and welcoming environment. We offer a holistic approach to education, catering for the spirit, soul and body; which encompasses the whole person.

Spirit

The Bible says 'a broken or bruised spirit drains the strength.' The result is often a sense of failure, low self esteem, feeling of insignificance and no self-worth.

Each day our students start their day with worship, prayer, Bible reading and words of encouragement from either the Pastor, principal, teachers or guest speakers. As the students hear God's Word strength is being imparted to their spirit.

They are encouraged not to allow the negative opinions of others to become their reality; but rather allow God's opinion to shape their destiny. In Jeremiah 29:11 God says 'I know the thoughts that I think toward you, thoughts of peace and not of evil to give you a future and a hope.'

Throughout the day our staff continue to impart this reality and encourage prayer for whatever need or personal issues the students may face.

Soul

The soul encompass one's **mind, will** and **emotions**. Proverbs 23:7 says, 'As a person thinks so they become.'

The state of a person's mind will affect their will and emotions. The mind is the major battleground for good and evil.

By adopting a right attitude the end product is an environment fit for academic excellence, a mind to work, a will to achieve and emotional stability.

The Bible encourages right thinking. Philippians 4:8 says to, 'Fix your thoughts on what is true, honourable, right, pure, lovely, admirable, excellent and worthy of praise and to keep practising them.'

We encourage our students to have right thinking towards themselves and others, to think big and dream big because: 'nothing is impossible to those that believe.' If you think it and believe it, then you can achieve it.

Our school motto is, “**I can do all things through Christ who gives me the strength I need.**” Philippians 4:13

The school also offers in house professional Christian counselling to students who feel they need a private, confidential space to look at issues affecting them.

Body

Our body houses our spirit and soul. If the body is not in a good state of health the spirit and soul is affected and unable to function in their capacity.

At Tabernacle school we encourage students to look after their bodies by adopting a:

1. Good diet – healthy eating
2. Regular physical exercise both in and outside of school
3. Proper rest
4. Routine – Time management

Morality

When it comes to the issue of sex education, the system has failed today’s children miserably. Young people are taught about sex but not about morality. Children need to be taught morality and learn how to respect their bodies.

At Tabernacle school, morality, ethics and godly standard is a part of the students’ education.

1 Corinthians 6, tells us that, ‘our bodies are the temple of the Holy Spirit,’ not only should our children learn to look after their health but it is imperative that they learn to keep themselves pure.